

Station House Surgery

Patient Update

January 2020

CHANGES

We are sorry to announce that **Dr Roger Scott** will be leaving Station House Surgery at the end of March 2020. Dr Scott has worked at the surgery for over 25 years, mostly as a GP Partner, and he will be missed greatly by staff and patients alike. However, we fully support and understand Dr Scott's decision to work in a more flexible way in the final stage of his career when he will focus his extensive experience and skills on developing the next generation of GPs. This will include carrying out GP Appraisals, Student Examinations and Recruitment of GPs. Dr Scott will keep a hand in general practice and may work as a locum at Station House from time to time.

Dr Scott would like to pass on his thanks to all patients and staff who have been part of a long and rewarding career. He feels very fortunate to have worked in this area of the country and to have formed relationships with so many patients and their families.

We wish Dr Scott all the very best and feel privileged to have worked alongside him as part of the team at Station House Surgery. He will be missed greatly by everyone.

Would also like to take this opportunity to announce that we have already recruited another Doctor to join the team. We will make another announcement with all the details once things are finalised.

CERVICAL CANCER PREVENTION

Cervical cancer is the most common cancer in women aged 35, and 75% of cervical cancers are prevented by cervical screening (smear tests).

We want to ensure all women and people with a cervix know how cervical cancer can be prevented. This means:

- Attending [cervical screening](#) when invited
- Knowing the [symptoms of cervical cancer](#) and seeking medical advice if experiencing any
- Taking up the [HPV vaccination](#) if aged 11-18
- Knowing where to [find support](#) and further information

We understand that sometimes it can be difficult to take the first step and book an appointment for a smear test but we are here for you. Please contact us and we can make an appointment to talk things through.



#smearforsmear #CervicalCancerPreventionWeek

www.jostrust.org.uk

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KENDAL COMMUNITY

Some events and activities happening in Kendal



**THE GREAT KENDAL
BAKE OFF**

Friday 31st January 2020
The Restaurant at Kendal College

To Enter: Please register at www.trybooking.co.uk/NEL before Mon 27th Jan
Bakes must be delivered between 8:30-10am on 31st Jan
Spectators welcome from 10:30am. Winners announced at 12:30pm

Professionals £5 ● Amateurs £5 ● Vegans £5
Under 18's £2.50 ● One Entry Per Ticket

All bakes will be sold off in a mega bake sale from 1pm onwards
Proceeds from this event go towards promoting positive recovery

☎ 0300 111 4002 ✉ julieo@cadass.co.uk

LAKELAND This event is kindly sponsored by Lakeland and supported by Kendal College Hospitality & Catering

Kendal College
creating bright futures



Cumbria County Council

BETTER the feel good place
FOR ALL

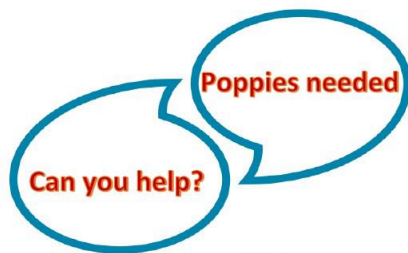
Kendal Community Football

At Kendal Leisure Centre on the following dates:
Every Thursday* from
2 January to 9 April
16:00 – 16:45

*apart from Thursday 30 January that week will be held on Monday 27 January
Price is £1.50 per person.

The group is available to, ages 16+. If you would like further information or would like to come along. Please contact Daniel Grindley (Health and Wellbeing Coach) 07979 538194

Serving the people of Cumbria cumbria.gov.uk



Can you knit or crochet poppies for Victory in Europe Day 2020 display in Kendal Library?

Bring your poppies to the library
Or
come and knit in the library.
Join Poppy Group on every
Friday at 10.00

For more info contact Kate
07900711189

**Thursday 23rd January, 7pm
at the Fleece Inn, Highgate**

